



Surf Camp for Mountain Athletes

Professionally Coached Surf Camp- Fast Track Surfing Experience!

Peaks 'n Swells Surf Camp was created with the mountain athlete in mind. Our mission is to transfer your athletic skills from the bike onto the board.



Our Surf coaches will take an analytical approach to your surfing style, day in and out, resulting in massive, fast track improvement over 5 days.

This is the ultimate surf coaching adventure for anyone who loves a beautiful place, loves to get out and after it. Peaks 'n Swells is located on the tip of the Nicoya Peninsula on the Pacific. You'll wake up to the sound of waves crashing in front of the camp and monkeys playing in the jungle behind you.

A Perfect way to finish your Costa Rican Adventure...

After exploring the lush mountains on your mountain bike—Experience the Surf Life!

- The daily yoga sessions looking out on the beach help you limber up after all the cycling.
- Hammock and Pool Time- Located Beachfront and Poolside to make sure you get the R & R!
- Awesome surf breaks for learning and progressing.
- Easy travel—hop on a plane and we'll pick you up. 20 minute flight from San Jose.
- Organic farmer's market for healthy groceries.
- Cool little beach town. Montezuma is big enough to have killer restaurants, yet small and funky enough to be a real town you'll love.



“Peaks n Swells hooked us up! If you are looking for an active, fun, adventurous vacation that does not include any tourist activities this is for you! We are already planning the next trip!”

*- Ashley Davenport Sargeant
(Stowe, Vermont)*

A typical day at Peaks 'n Swells

Yoga session looking out on ocean, just steps from your beach house.

Breakfast served with tons of fresh fruit, organic coffee and plenty more to keep you fueled.

Surf Session 2-3 hours—we'll travel to a variety of breaks depending on conditions and surf levels.

Bonfire on the beach or happy hour by the pool.

What's Included:

- Beachfront House – An Unrivaled Location with Jungle, Beach, Pool, & Tons of Animal Viewing
- Professional Surf Instruction with Video Analysis
- High Performance Surfboards
- Yoga Classes
- Daily Fresh Natural Breakfast
- Professional Surf Photography – Your best surf shot!
- Happy Hour with Drinks and Fresh Snacks
- Fresh Snacks at the Surf Break



Hear it from Peaks 'n Swells Surfers:

"I have spent years working on my surfing and have been given pointers here and there but it wasn't until I went to Peaks 'n Swells surf camp that I noticed and felt a drastic improvement in my surfing."

-Jamie Addario
(Squamish, British Columbia)



"This place is the best, with great instruction, awesome accommodations, friendly location and superb waves."

~Kim Kircher
(Seattle, Washington)

"Peaks 'n Swells operates out of the most amazing beach villa I could imagine. The grounds are gorgeous, with a diversity of plants, trees, and jungle life. With a pool, outdoor bar and grill area, manicured lawns, beachfront property and fantastic hosts, there really aren't any reasons to leave. Except to surf!"

- Juniper Buller
(Whistler, British Columbia)

Mountain Bike / Surf Session Dates:

XC Bike Trip / March 3-8, 2012

DH Bike Trip / March 17-22, 2012

Costs: \$1495

\$100 off for Big Mountain Adventures Clients

Book the adventure now!

Limited space, book early to secure your beach house.

Contact: info@surfcamppeaksnwells.com



WWW.SURFCAMPPEAKSNWELLS.COM

