Explore one of the planet’s most spectacular mountain ranges. Five amazing days of singletrack riding in the heart of the Dolomites including three nights in spectacular high-alpine rifugios on a point-to-point Enduro traverse. Oh, and 10,000-11,500 feet of descent per day!

WHY BIG MOUNTAIN?

**Professional Leaders.** Mountain bike trips to far-away places requires local knowledge. We work with the best guides in all destinations, many since 2001.

**Your Safety.** Our guides have first-aid certification, our trips have safety management plans and our riders’ wellbeing is the number one priority on all of our trips.

**Groups that Work.** All riders complete a detailed Rider Questionnaire to ensure that they are well matched for the trip physically and technically and with the rest of the group. We almost always have optional rides just in case.

**Preparation is Key.** We offer excellent pre-trip support and all departures include a detailed Preparation Guide specific to the destination. Of course we’ve been on every trip that we offer.

**Expert Trip Design.** We know how to create exceptional mountain bike trips. And, we’re constantly reviewing and improving itineraries if we feel that it’s needed.

**Peace of Mind.** Travel & Medical Insurance is mandatory on our trips and Big Mountain Bike Adventures Ltd. has commercial general liability insurance.

OUR GUIDE

*Born and raised in the Dolomites, Werner is the perfect host on this adventure. Multi-lingual, professional, caring, fun and passionate about the region, there’s no one better.*
Trip statistics:
57,500 feet of epic descent (17,500 meters)
10,000 feet of climbing (3050 meters)
20 lifts used | 3 mountain huts

Arrive to Munich, transfer to Selva di Val Gardena in the Dolomites.
Flights to arrive no later than 11:00 AM pls. Be greeted by our driver and transfer 3.5 hours to the Italian Dolomites. After checking into your hotel we’ll build bikes and go for a stroll around town. Dinner in Val Gardena. Overnight at the 4-star Hotel Picollo.

Ride Alta Badia Enduro Tour or the Marmolada Enduro.
Get ready for some of the most spectacular riding of your life. Depending on the group’s appetite for rides today we’ll choose one of these big and amazing loops. Tonight we’re back at Hotel Picollo.

First day traverse from Val Gardena, Val di Fassa to Rifugio Viel del Pan.
We start the day dropping gently downwards to the village of Ortisei. From here we will start our adventure along the amazing trails of Val Gardena and then down to Val di Fassa. This afternoon we’ll take a cable car and then climb 500 meters to the spectacular Rifugio Viel del Pan at almost 2500m with epic views of the Marmolada, the highest peak of the Dolomites at 3300m. Tonight’s cuisine is unreal! Sleep www.rifugiovieldalpan.com

Second day traverse from Bindelweg to Alleghe and Rifugio Averau.
Another big day featuring almost 3500m of descent and a few climbs surrounded by amazing landscapes. The Bindelweg, leads us down to Alleghe: an endless rolling singletrack above 2400m for over two hours in the shadow of one of the most iconic mountains of the Dolomites, the Civetta. The last mindblowing descent leads us down to Caprile where we take a shuttle and finally a lift up to the unreal Rifugio Averau, a gourmet-hut with a wine list that rivals a big city restaurant and a delicious multi-course dinner. Oh, and unforgettable views to Cortina d’Ampezzo, the Tofana and Cristallo mountains. Sleep www.rifugioaverau.com

Third day traverse from Cinque Torri, Cortina to Tofana and Tre Cime di Lavaredo.
Early bird option: 30 minute ride and hike to seriously perched Rifugio Nuvolau – the Dolomite’s oldest mountain refuge with 360-degree views. After a cappuccino, it’s a technical ride back to breakfast at Rifugio Nuvolau. Otherwise the day begins with an amazing 1500m singletrack descent to the Cinque Torri and further down to Cortina d’Ampezzo. The views today are spectacular! Of course we need to take a stroll down the beautiful pedestrian-only main street before catching the Freccia nel Cielo cable-car. After a hike-a-bike section, one of the finest descents of the entire Dolomites is awaiting us. Back in Cortina another lift followed by a shuttle and a 50 min. climb / hike-a-bike section we reach tonight’s rifugio, one of the most romantic mountain huts of the Dolomites. The homemade dinner is delicious! www.rifugiosonforca.it

Fourth day traverse Rock & Roll the Sextner Dolomites & train/shuttle back to Val Gardena.
After a hearty breakfast it’s a quick climb to reach the impressive 800m high north faces of the Tre Cime di Lavaredo, an extraordinary panorama with a big & technical singletrack descent awaits us. In the afternoon we roll down to San Candido, one of the most beautiful villages of the Dolomites, where we take the train and shuttle back to Val Gardena. At the end of the day we’ll be handed the wine list and served a four-course dinner at Hotel Picollo.

Transfer to Munich Airport.
Early morning start for the 3.5-hour drive back to Munich Airport. The transfer ends at the airport, flights to depart no earlier than 2:00 PM.
TRAVEL INSURANCE

Comprehensive Travel & Medical Insurance is mandatory on all Big Mountain Bike Adventures’ trips. Please visit our recommended insurance provider World Nomads to learn more.

YOUR SAFETY

Our trips take place in remote regions with limited evacuation options available. Our guides have basic first aid training and if a serious injury is suspected they will call helicopter search and rescue at the cost of the participant. Personal medical travel insurance is mandatory for all riders. If you choose to participate in our trips it is up to you to ride well within your limits, to ride conservatively, to walk sections if needed and to be safe as mountain biking is a dangerous sport. There are always risks and hazards on all trails that we ride. You must inspect your bikes (or rental bike) daily and keep it in excellent condition. Alcohol and drugs are not permitted while riding on our trips.

THE NEXT STEPS

Email us to make sure that the trip is confirmed and there’s space on your desired departure. You can also call us toll free USA/CAN 1-866-894-0220 or international +1-604-902-1807. We’ll then send you a short Rider Questionnaire to learn about your riding experience and ensure that you are suitable for the trip. Next step is to read and understand our...
Terms and Conditions and our Waiver. The last step is to complete our secure online Registration Form, link found on the trip page that you’re registering for. Once your Registration Form has been received, we’ll send you detailed pre-departure information and further steps on preparing for your departure.

PAYMENT
Once you’ve completed our online registration form and we’ve confirmed that we have the needed number of riders to proceed, we’ll collect a deposit of 25% of your trip cost that is refundable up to 14 days after registering (outside of 60 days before the trip departure). After 14 days your deposit is non-refundable. At 60 days prior to departure, the full trip balance will be collected. Please review our Terms & Conditions for full details on payment, cancelation and refund policies. Please note that while our land costs are quoted in the destination country’s preferred currency, the balance and deposit are processed in Canadian dollars. The exchange rate is based on the daily rate quoted using the Bank of Canada. If you are paying with credit card and reside outside of Canada, you may incur a foreign transaction fee. If you wish, there’s the option of paying with a wire transfer or you can also send us a cheque. Please contact us anytime to discuss your options.

SINGLE ROOM SUPPLEMENT
The single room supplement is an additional fee for solo travellers who wish to have their own room during the trip. If a solo rider agrees to share a room with someone of the same gender we will pair you up. If there isn’t another single participant of the same gender available, you will automatically have your own room and incur the additional single supplement fee. Note that single rooms are not available for all nights on certain trips and that the single room supplement is different for each trip, please contact us to confirm.

WHY BIG MOUNTAIN IS YOUR CHOICE
Since 2001 Big Mountain Bike Adventures is the pioneer of performance mountain bike adventures to destinations worldwide. Our itineraries are designed by local professional guides and Big Mountain travel experts and lead by the very best local leaders available. Our mission is to deliver safe, quality trips with the best customer service - ensuring a trip of a lifetime.

REFERENCES
We’ll be happy to provide you with references of satisfied past travellers.

CONTACT US
If you have questions or require additional information please email us at info@ridebig.com or call us toll free USA/CAN 1-866-894-0220 or international +1-604-902-1807.